## DEPARTMENT OF HUMAN SERVICES



# POSITIVE SUPPORTS Functional Behavior Assessment Quality Checklist

Assessment developers use the Functional Behavior Assessment Quality Checklist for guidance when developing a functional behavior assessment (FBA). This document includes further explanation of FBA required components (<u>Minn. Rules 9544.0040</u>) and suggestions for additional information that may help the expanded care team identify effective positive support strategies for the person. This document is not required: It is simply a tool to help improve the quality of the plan.

For more information on developing functional behavior assessments, see that section in the <u>Guidelines for Positive</u> Supports in DHS-Licensed Settings: A resource manual for Minnesota's DHS-licensed providers, DHS-6810C (PDF).

**Note:** Each licensed or certified staff (such as a RN, LP, BCBA or LICSW) is responsible for meeting requirements of their professional licensure or certification and accompanying codes of ethics.

#### **Pre-assessment considerations**

COMPETENCIES		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>Credentials sufficient to conduct FBAs per <u>Minn. Rules, 9544.0040</u> are stated</li> </ol>	○ Yes ○ No	
2. Clinical input is included throughout the FBA process from professional members of the team (e.g., psychiatry, psychology, etc.)	○ Yes ○ No	
3. Contact information for the author(s) is included	○ Yes ○ No	

CONSENT		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>The following is explained in common language to the person and/or guardian:         <ul> <li>Purpose of the FBA</li> <li>Procedures to be used</li> <li>Participating parties' responsibilities and roles</li> </ul> </li> </ol>	1a       Yes         ○ No         1b       Yes         ○ No         1c       Yes         ○ No	

ESSENTIAL QUALITIES	PRESENT?	COMMENT
2. It contains an explanation for how the outcome of the assessment may be presented to and used by the team	○ Yes ○ No	
3. Written consent from the guardian is obtained for the assessment (this may have been obtained during the initiation of services)	○ Yes ○ No	

# Information gathering

ARCHIVAL REVIEW AND INTERVIEWS			
ESSENTIAL QUALITIES	PRESENT?	COMMENT	
<ol> <li>All reports, plans, records and assessments reviewed are cited, listing author and date</li> </ol>	○ Yes ○ No		
2. The assessment includes a list of dates of observations	○ Yes ○ No		
3. Dates of interviews with the person and people that know the person well (e.g., caregivers, case manager, guardian, family, therapist, etc.) are listed	○ Yes ○ No		
4. Diagnoses, as given by medical and mental health professionals, are listed (with clinician/date noted)	○ Yes ○ No		

ESSENTIAL QUALITIES	PRESENT?	COMMENT
5. Medications are listed, including reasons for prescription and potential side effects	○ Yes ○ No	
6. Previous interventions and their effectiveness are summarized	○ Yes ○ No	

PERSONAL SUMMARY		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>The person's likes and dislikes are summarized, including:         <ul> <li>a. Events</li> <li>b. Activities</li> <li>c. Objects</li> <li>d. People</li> </ul> </li> </ol>	1a       Yes         ○       No         1b       Yes         ○       No         1c       Yes         ○       No         1d       Yes         ○       No	
<ol> <li>Each definition is:</li> <li>a. Clear/understandable</li> <li>b. Objective</li> <li>c. Complete (e.g., examples and non- examples of the behavior)</li> </ol>	2a       Yes         ○ No         2b       Yes         ○ No         2c       Yes         ○ No	
3. Data are summarized and, when possible, visually represented by graph, table, etc.	○ Yes ○ No	
<ul> <li>4. Information about context/setting events is included (i.e., the big picture): <ul> <li>a. Biological factors</li> <li>b. Psychological factors</li> <li>c. Social/environmental factors</li> <li>d. Quality of life indicators</li> </ul> </li> </ul>	4a       Yes         ○       No         4b       Yes         ○       No         4c       Yes         ○       No         4d       Yes         ○       No	

ESSENTIAL QUALITIES	PRESENT?	COMMENT
5. Information about antecedents is included (i.e., the triggers immediately before behavior happens)	○ Yes ○ No	
<ul> <li>6. Information about consequences is included (i.e., the reinforcers for challenging behavior):</li> <li>a. Biological factors</li> <li>b. Psychological factors</li> <li>c. Social/environmental factors</li> <li>d. Quality of life indicators</li> </ul>	6a ○ Yes ○ No 6b ○ Yes ○ No 6c ○ Yes ○ No 6d ○ Yes ○ No	
<ol> <li>Information is noted about less severe behaviors that might precede more severe behaviors</li> </ol>	○ Yes ○ No	
8. A description of the person's current strengths is provided	○ Yes ○ No	

### Analysis

ANALYSIS OF CONTEXT/SETTING EVENTS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>All information about the influence of contextual variables on target behavior(s) is summarized and analyzed</li> </ol>	○ Yes ○ No	

ANALYSIS OF ANTECEDENTS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>All information about the influence of antecedent variables on target behavior(s) is summarized and analyzed</li> </ol>	○ Yes ○ No	

ANALYSIS OF BEHAVIOR FUNCTION(S)/CONSEQUENCES		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>All information about the influence of consequence(s)/outcome(s) generated by the target behavior(s) is summarize and analyzed</li> </ol>	○ Yes ○ No	
2. The function(s) of the target behavior(s) is described in terms of what the person gains or escapes/avoids	○ Yes ○ No	
3. The functional relationships are described in objective terms, without assumptions and subjective opinion	○ Yes ○ No	

HYPOTHESIS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>Information is synthesized in a hypothesis statement(s) that captures the overall relationships between all of the essential:         <ul> <li>a. Contexts</li> <li>b. Antecedents</li> <li>c. Behaviors</li> <li>d. Consequences</li> </ul> </li> </ol>	1a       Yes         No         1b       Yes         No         1c       Yes         No         1d       Yes         No	

### Positive behavior support recommendations (this may be a component of the FBA report or discussed/issued separately)

RECOMMENDATIONS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>Recommendations align with the results of the FBA, which include building upon the person's identified strengths</li> </ol>	○ Yes ○ No	
2. Recommendations align with all rules, regulations, laws and ethical standards	○ Yes ○ No	
<ol> <li>Essential contextual concerns are addressed so they are minimized or eliminated including, but not limited to:         <ul> <li>Biological concerns</li> <li>Psychological concerns</li> <li>Social/environmental concerns</li> <li>Quality of life concerns</li> </ul> </li> </ol>	3a       Yes         ○       No         3b       Yes         ○       No         3c       Yes         ○       No         3d       Yes         ○       No	
<ul> <li>4. Essential antecedent influences are addressed by:</li> <li>a. Minimizing or eliminating antecedents to challenging behavior</li> <li>b. Encouraging antecedents to prosocial behaviors</li> </ul>	4a ○ Yes ○ No 4b ○ Yes ○ No	
<ul> <li>5. Essential consequence influences are addressed by:</li> <li>a. Limiting reinforcers for challenging behaviors</li> <li>b. Delivering reinforcers for prosocial behaviors</li> </ul>	5a ○ Yes ○ No 5b ○ Yes ○ No	
6. Each challenging behavior has a corresponding replacement behavior based on the hypothesized function(s)	○ Yes ○ No	

ESSENTIAL QUALITIES	PRESENT?	COMMENT
7. Recommendations include making referrals to other professionals as needed	○ Yes ○ No	
8. Positive support strategies are selected that are evidence-based, person-centered, ethical, integrates the person into the community, are the least restrictive to the person, and are effective (From <u>MN Rule 9544.0030</u> )	○ Yes ○ No	

## **Overall impressions**

LANGUAGE		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>Language is person-centered throughout the report</li> </ol>	○ Yes ○ No	
<ol> <li>Plain language is used throughout the report where possible without sacrificing technical accuracy</li> </ol>	○ Yes ○ No	

INFORMATION GATHERING		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
1. Information is objectively reported	○ Yes ○ No	

ESSENTIAL QUALITIES	PRESENT?	COMMENT
2. Information is properly cited	○ Yes ○ No	

ANALYSIS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
1. Analysis is based on supporting information	○ Yes ○ No	

RECOMMENDATIONS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>Recommendations emphasize positive/ proactive strategies</li> </ol>	○ Yes ○ No	
2. All essential influencing factors are addressed in the recommendations	<ul><li>○ Yes</li><li>○ No</li></ul>	

LIMITATIONS		
ESSENTIAL QUALITIES	PRESENT?	COMMENT
<ol> <li>The author identifies and reasons why the analysis and conclusions may not be fully accurate</li> </ol>	○ Yes ○ No	