

Next on the Agenda: Foundational Skills for All Tiers

1. Greeting, introductions of panel and introduction to the session—5 minutes
2. Didactic—40 minutes
- 3. Skill building & practice—20 minutes**
4. Case-based learning—20 minutes
5. General discussion with panel—15 minutes
 - Resource sharing
 - Strategy sharing
6. Questions, summary of ideas, strategies, and resources, and wrap up—10 min



Interaction skills



We are all different, and we are like different interaction at different times and situations...

What times of day, situations, or people do you like to have more animated or 'deeper conversations' with?

Do you tell the same jokes and stories in the same way with your boss as you do with your closest friends?



Fill out for yourself....how do you like to interact with the following groups of people

Close friends and family

Example 1
Example 2
Example 3

Coworkers, supervisor

Example 1
Example 2
Example 3

Acquaintances, community members

Example 1
Example 2
Example 3



What times of day or settings do you like certain interactions?

Calm, quiet

**Animated, sociable,
playful/joking**



How can you tell?

What verbal or nonverbal behaviors do you show when you need more quiet, solitude?

What verbal or nonverbal behaviors do you show when you are seeking social interaction?



Topic selection

What topics do you like to talk about with different people, situations?

How can you tell when someone is liking discussing a topic?

How can you tell if someone is uncomfortable with a topic that is being discussed?



What to interact about if someone is not verbally communicating or does not have a relationship with you yet?

1

Observe, listen, learn

What does someone gravitate to, what do they frequently do, who are they by, what do they avoid, what do they talk about.

2

Comment, parallel

If someone is reading the paper, maybe read a different paper and comment on it. If they like star wars, set up a star wars puzzle and start it and show them. Start talking about something that someone likes or bring up pictures on your phone.

3

Expand on interests, find commonalities, see if you can be more involved, make it a habit

Bring look at the comics together, shoot some hoops.



Important Person-Centered Resources

The Learning Community Charting the LifeCourse

National Center on Advancing Person-Centered Systems



The Learning Community for Person Centered Practices

Envisions a world where all people have positive control over the lives they have chosen for themselves. Our efforts focus on people who have lost or may lose positive control because of society's response to the presence of a disability or other conditions. This site helps us foster a global learning community that shares knowledge for that purpose. All are welcome here to share and learn.

Popular Active Alphabetical Newest

- PCT Training: active 20 hours, 24 minutes ago 222 members
- Resource Review: active 2 days, 4 hours ago 133 members
- Facilitation Skills: active 4 weeks, 4 days ago 122 members
- Regional PCT Leads: active 4 weeks, 1 day ago 112 members
- Member Training: active 2 weeks, 4 days ago 94 members
- Person-Centered Learning Community: active 1 month ago 77 members
- Cultural Humility and...: active 2 weeks, 7 days ago 68 members
- Quality Improvement: active 4 days ago 58 members

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Announcements:

- New Resources in Accessibility Group: 3 weeks, 5 days ago
- TECOP Culture Café – ZOOM LINK: 2 weeks ago
- Welcome New Central Coast, CA PCT Trainer Kayle Walker: 2 weeks, 2 days ago
- Welcome New Central Coast, CA PCT Trainer Courtney Mudge: 3 weeks, 2 days ago
- TECOP CULTURE CAFE: Keeping the Conversation Going: March 1, 7:30pm CST: 2 weeks ago

Click here to add an announcement!

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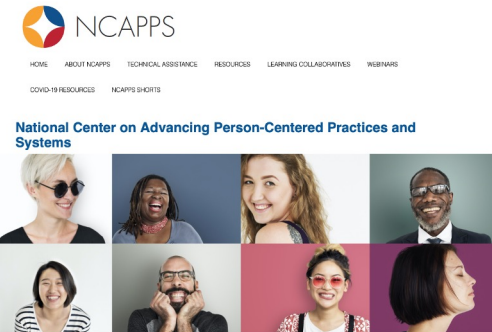
Welcome to our Community of Learning

Charting the LifeCourse is designed to be used for your own life, for your family members, or in the work you do. The framework and tools will help you organize your ideas, vision, and goals, as well as problem-solve, navigate, and advocate for supports.

What can Charting the LifeCourse do for You?



Discover the next step in Charting your LifeCourse.




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National Center on Advancing Person-Centered Practices and Systems



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Preparation of these modules was supported, in part, by cooperative agreement from the Minnesota Department of Human Services (MN DHS). The University of Minnesota, when undertaking projects under government sponsorship, is encouraged to express freely its findings and conclusions. Points of view or opinions do not, therefore necessarily represent official MN DHS policy.



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