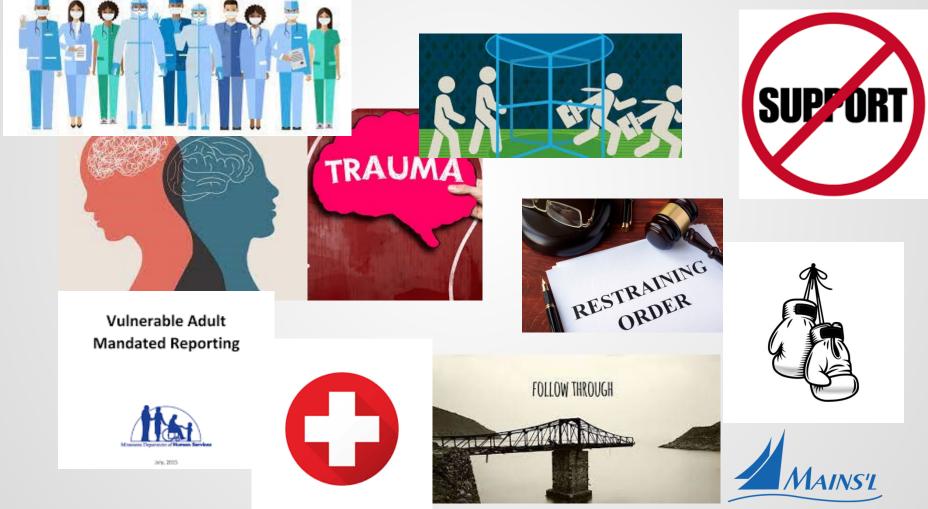
Strategic Ways to Listen and Support

Heather Wilford, MS, BCBA Wellness Manager- Behavioral Supports



Context

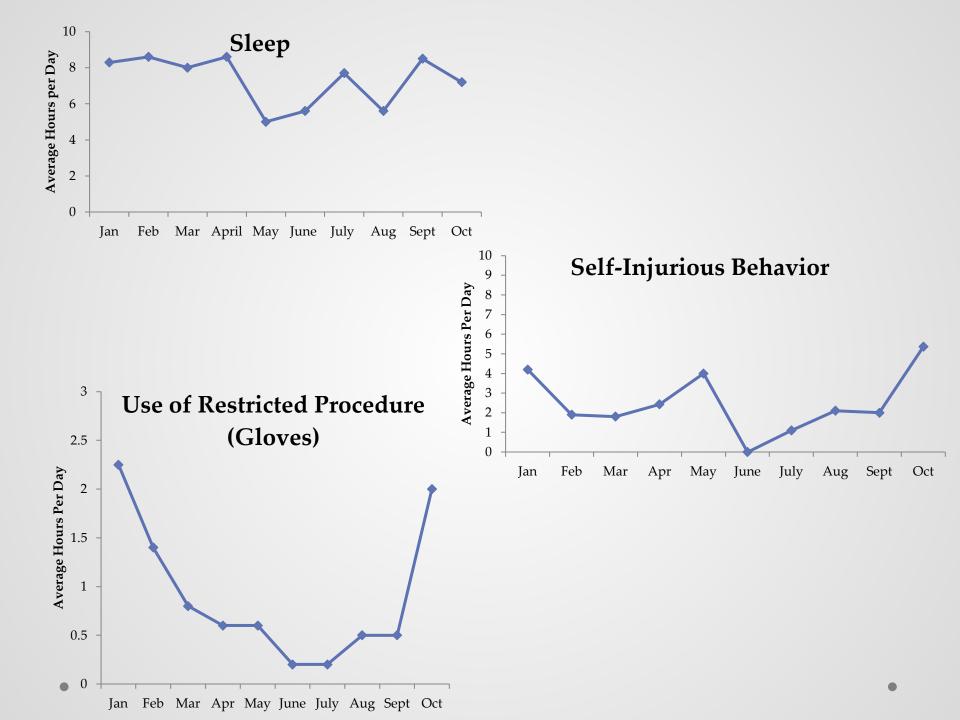


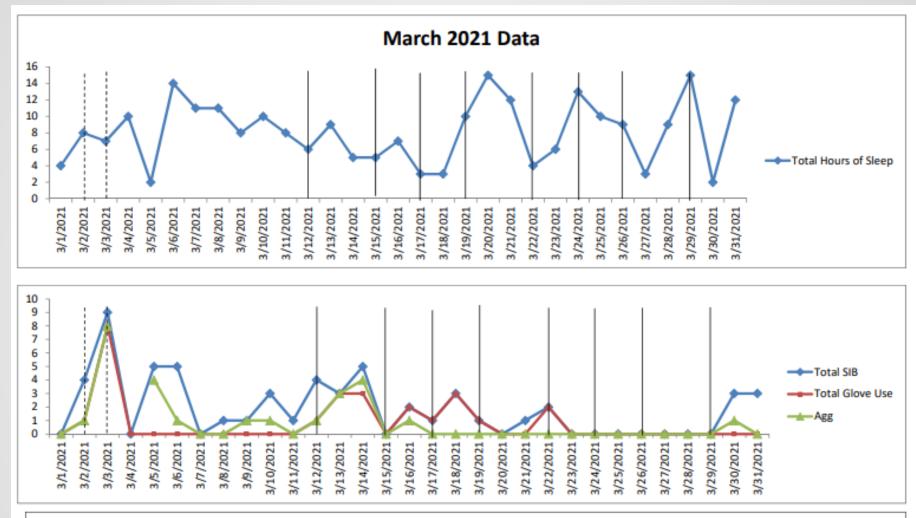
How would you define success in supporting this person and their team?



- A decrease in SIB?
- Removal of the restrictive procedure?
- Anyone feeling
 Overwhelmed??
- Increase in "typical" sleep patterns?
- A decrease in hospitalizations?



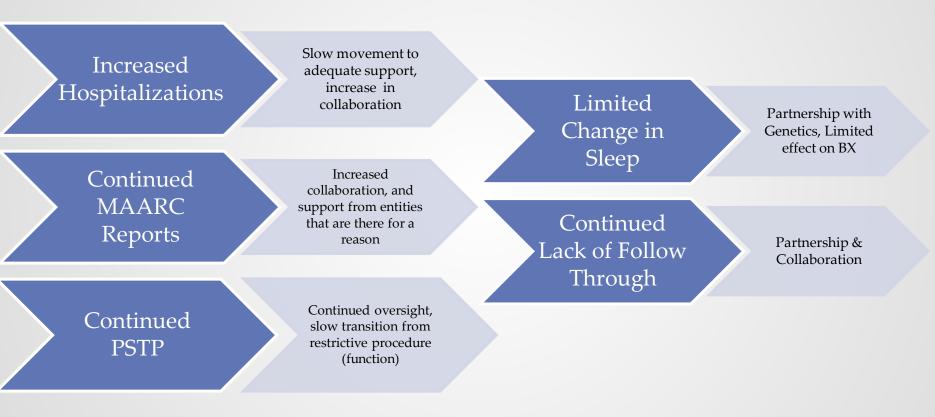




Dates marked:

- 3/1/2021 physical appointment with primary care physician for ECT pre-op
- 3/2/2021 Vascular scan of hands to identify any concerns with circulation in the hands due to safety glove use and SIB.
- 3/12/2021 Began ECT continued to attend on 3/15, 3/17, 3/19, 3/22, 3/24, 3/26, 3/29

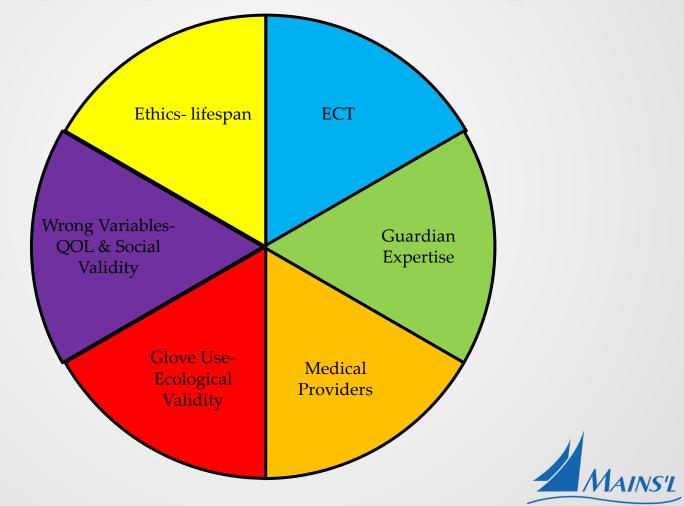
The REAL Process







Changing Our Perception



Successful?

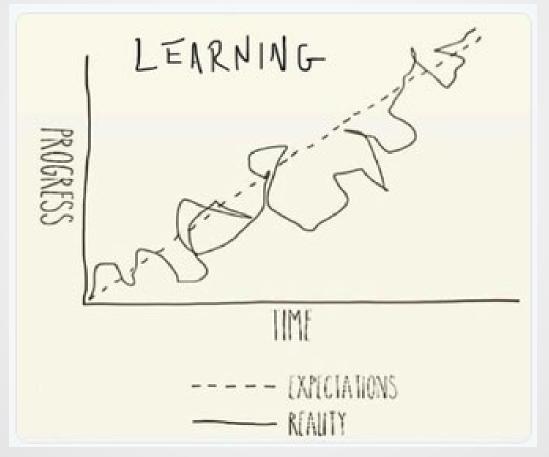
QUALITY OF LIFE /SOCIAL VALIDITY

- Increased Cognition/Engagement
 - "I want Shrimp", "Lets go", "I want yellow shirts"
- Processing Trauma
 - Vocalizing Emotions
 - Stable/Safe Environment

Increased Social Engagement
Weekday visits, Planning trips to family member's house -Sleep is still not "typical" -SIB still occurring -Restricted Procedure in place



Big Takeaways



Thank You!

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