Association for Positive Behavior Support (APBS) Webinar Opportunity!

“How PBS is used to Promote Community Inclusion and Improve Quality of Life for People with I/DD”

New Revised Date!
Wednesday January 30, 2019, 2:00 PM Eastern

**Topic:** How positive behavior support (PBS) is used to promote community inclusion and the improve quality of life for people with Intellectual and Developmental Disabilities (I/DD) across the US and internationally.

**The webinar’s purpose is twofold:**
- Learn about the Association for Positive Behavior Support’s (APBS) development of a set of practical resource documents to encourage the use of implementing PBS practices in a broad variety of home and community based settings. APBS is a membership association composed of professionals, family members and self-advocates committed to PBS for both children and adults in support of successful community lives. [www.apbs.org/](http://www.apbs.org/)
- Gather feedback from webinar participants into how the resource documents (white papers) can best capture themes and be created in ways that are most helpful for 1) policymakers 2) advocates in support of PBS 3) organizations interested in PBS practices and 4) families supporting children and adults at home. *Your input is needed!*

You are invited to a Zoom webinar.
**When:** Jan 30, 2019 2:00 PM Eastern Time (US and Canada)
**Topic:** Association for Positive Behavior Support (APBS) Webinar

Register in advance for this webinar: [https://zoom.us/webinar/register/WN_yKTYnsCzT5GaUxOSWQJwoA](https://zoom.us/webinar/register/WN_yKTYnsCzT5GaUxOSWQJwoA)

After registering, you will receive a confirmation email containing information about joining the webinar.

Background Information
APBS has an ad hoc committee working on issues related to promoting discussion, collaboration, and content development related to supporting people, especially adults, with I/DD. The committee is interested in learning from our community what the important issues are related to PBS and improving quality of life. This information will be compiled and shared. Some outreach has occurred and this year’s goal is to:

- Continue gathering feedback from people nationally and internationally,
- Integrate the various discussions to identify important themes, and
- Create a series of short resource briefs about different aspects of PBS.

These resource white papers will be created in ways that are most helpful for people developing policy, advocates encouraging the use of PBS, organizations interested in implementing PBS practices, and family members supporting adult family members at home.

The following themes have been tentatively organized into a main overview document and five smaller briefs that would outline the information in more detail.

**Overview Document: History and Context of Positive Behavior Support**
This white paper brief describes the history of PBS and where the field is heading in the future for community-based supports in the IDD field. This main overview introduces the major themes that will be described in more detail in the short briefs. Examples of information shared would also include:

- Common misunderstandings
- Using a tiered approach in community settings
  - Primary prevention-universal social skills strategies for staff and people with IDD
  - Secondary prevention- early identification of problems related to quality of life or social interactions
  - Tertiary prevention- individualized person-centered
- What universal person-centered and PBS strategies look like in community settings

**Short Brief 1: How PBS Can Assist Implementation of Home and Community Based Services**
This white paper brief will discuss the roles of PBS and the Person-Centered Service Plan. The goal of the brief would be to highlight how PBS assists in HCBS services and addresses regulations. The importance of addressing challenges that occur in community settings and how early intervention is an important variable to ensure successful community inclusion will also be discussed.

**Short Brief 2: Tiered Positive Behavior Support Implementation in Human Services**
This brief describes a tiered approach for implementing PBS in residential/family and employment settings in more detail than the content included in the main overview document. Each prevention level (primary, secondary, tertiary) will include stories that help show the key features of implementation. The brief will also describe how using a tiered approach can help create a common language across organizations such as early childhood centers, schools, in-
home services and provider organizations supporting people with IDD. Using PBS across settings helps improve transition planning and may help encourage interagency collaboration.

**Short Brief 3: Using Data for Decision Making Within Organizations**
The brief will explain how teams use data-based decision making at all three prevention levels (primary, secondary, tertiary) with an emphasis on evaluating effort, fidelity of implementation, and outcome data that are collected. Stories will be used to demonstrate how teams use data to guide progress, make modifications to implementation efforts, and celebrate success.

**Short Brief 4: Brief Effective and Sustainable Training Systems**
This brief emphasizes key issues related to training direct care professionals “how to teach”. Information will include how to tailor relevant skills based for each person supported and the importance of fidelity of implementation assessment strategies to monitor progress. Ongoing coaching and mentoring for staff members will be described with examples of how to introduce skills needed by adults with IDD.

**Short Brief 5: Supporting Families for PBS Implementation**
This brief would be dedicated to what families need to know to use PBS while supporting their family members with IDD and what providers need to know about working in the context of family settings. Issues related to how supports can be provided across the lifespan to build inclusion and community involvement will be addressed as well as how families can be supported to use the three-tiered prevention logic (primary, secondary, tertiary) when working with other organizations as well as at home.

Discussion questions for this meeting:

- Do the main themes described in the overall white paper and short briefs cover the major important topics related to PBS?
- What types of documents related to PBS would be helpful for:
  - Advocacy,
  - Policy,
  - Training,
  - Implementation Planning, and
  - Other?
- Could you use these briefs described above in your work or life?
- Are there any other ways of organizing this information that would be more useful?

**Next Steps**
- Are additional webinars needed to further develop these white paper briefs?
- Would you be interested in continuing to refine the white paper?