



County Wide Positive Behavior Support

What is County-wide PBS?

The purpose of the Johnson County Positive Behavior Support Project is to increase both quality of life and the likelihood that youth and adults with challenging behavior related to mental health, substance use, or intellectual or developmental disability will be able to remain successfully in their home, school, work and community settings. This project is a collaboration among Johnson County Mental Health, Johnson County Developmental Supports and Johnson County Department of Corrections.

What is PBS:

- PBS uses a strengths-based, person-centered approach for improving an individual's quality of life.
- PBS tools and strategies are evidence-based and incorporate both behavioral and biomedical practices.
- PBS addresses the function that maintains problem behavior by teaching social and communication skills as a replacement for challenging behaviors.
- PBS includes interventions that involve changing situations and settings that trigger a problem behavior.
- PBS requires everyone working with an individual to change their own behavior. The focus is on creating a positive environment for learning using a team-based approach.

Our Vision:

Placing the needs of our citizens first, we are committed to building a positive, healthy, and inclusive community using positive behavior intervention supports.

Our Mission:

The Mission of Johnson County Positive Behavior Support is to improve the quality of life for Johnson County residents by implementing the multi-tiered Positive Behavior Support (PBS) framework within our organizations county wide.

Johnson County PBS is dedicated to creating a sustainable county wide system of support for the residents of Johnson County.

The Impact of PBS Across Organizations:

- Increased quality of life for individuals across all settings.
- More effective & efficient services
- Develop Strengths
- Build positive relationships & encourage positive behaviors
- Improved coordination of services across systems and other organizations

**For more information about
PBS visit: www.kipbs.org**

The Johnson County Positive Behavior Support Project is a collaborative effort between Kansas Institute for Positive Behaviors Support at the University of Kansas and Johnson County Government.

Here at Johnson County We believe all individuals can achieve their **GOALS**

Give Respect to Self & Others

Opportunities to Learn, Play & Grow

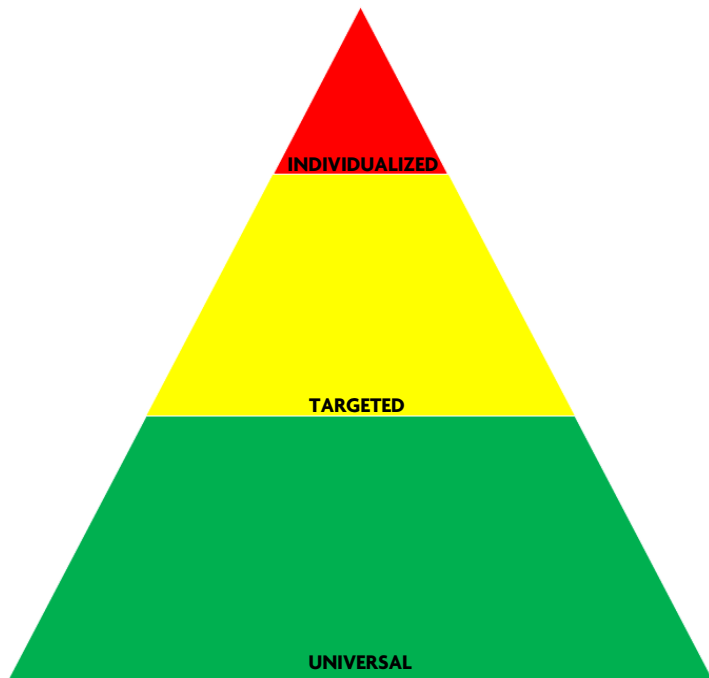
Accountable to and for Each Other

Leave Our Community Better Than We Found It

Safe & Healthy Community For All

Why GOALS are important: GOALS provide the foundation for Positive Behavior Support and set the guidelines for Universal expectations. When universal expectations are used across all agencies we are able to provide more consistency, along with a common language, to better support people in reaching their Quality of Life goals. We truly believe that everyone can achieve their potential. Everyone needs different levels of support at different times in their lives. PBS helps to determine what level of support is needed.

Multi-tiered Approach



Universal Expectations & Supports: Every single day, in work, school, home and community settings, we ALL receive expectations and general supports.

Universal supports provide:

- Consistent, clear expectations
- Focus on positive behaviors and skills needed to achieve quality of life goals within each setting.

Universal supports may prevent the need for additional targeted or intensive supports.

Targeted Supports: SOME people may need additional targeted supports due to an acute or chronic physical, mental or emotional health condition which might lead to more serious personal challenges due to behaviors or symptoms the person is exhibiting.

Targeted supports provide:

- Additional assistance with developing structure
- Developing and learning new skills
- Opportunities to check in with natural supports and/or professionals in your life.

Receiving these critical, targeted supports could prevent more extensive quality of life challenges which could result in the need for more intensive interventions. Those receiving targeted supports continue to receive universal supports.

Intensive Supports: A FEW people may have an acute or chronic physical, mental or emotional health condition that may result in needing intensive supports and interventions related to one or more of your quality of life domains.

Intensive supports may include:

- Specialized, individualized assessments
- Comprehensive interventions, and
- Plans for sustainability

Those receiving intensive supports continue to receive targeted and universal supports.