## Three-Tiered Implementation of Person-Centered Positive Behavior Support: Integrating Cultural Awareness

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Institute on Community Integration

**University of Minnesota** 





#### Purpose

- Minnesota's Infrastructure for Implementing Person-Centered Practices & Positive Behavior Support
- Training and Technical Assistance Related to Cultural Responsiveness
- Example of a Minnesota County Team Implementation
- How Evaluation Data Embed Items Related to Culture Across Tools

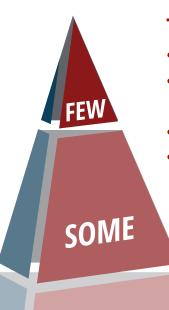
#### **Three Major Terms**

- 1. Person-Centered Practices
- 2. Universal Person-Centered Strategies
- 3. Person-Centered Planning





#### **Positive Behavior Support**



ALL PEOPLE

#### **Tertiary Stage**

- Individualized PBS Plans
- Integrated with Other Positive Supports (PCP, Trauma-Informed Care, DBT, Etc.)
- Plans Are Monitored- Data-Based Decision Making
- Teams Monitor Progress of Each Person

#### **Secondary Stage**

- Early Intervention and Data Monitoring
- Additional Supports for Key Social Skills
- Function-Based Decisions
- Simple Interventions
- Mental Health and Wellness Interventions

#### **Universal Stage**

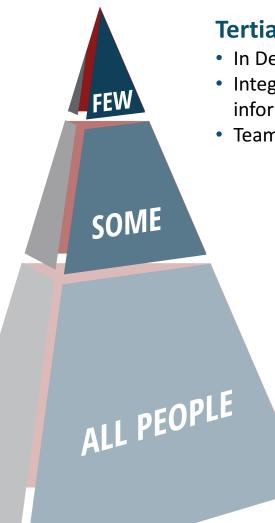
- Teach and Encourage Communication
- Predictable and Proactive Settings
- Encourage and Reinforce Social Skills
- Consensus-Based Team Focus
- Emphasis on Using Data For Decisions

**Positive Behavior Support** 

Person-Centered Practices & Planning

Organizational Workforce

#### **Person-Centered Practices & Planning**



#### **Tertiary Stage**

- In Depth Person-Centered Plans
- Integrated Plans (PCP, PBS, Traumainformed Therapy)
- Teams Monitor Plan Progress

#### **Secondary Stage**

- Monitor PCT Action Plans
- Additional Quality of Life Strategies
- Increase Strategies for Supporting Independence and Community Involvement
- Mental Health and Wellness Interventions

#### **Primary Stage**

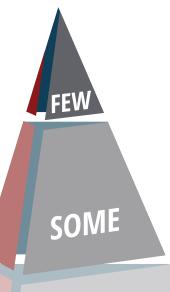
- Universal Person-Centered Strategies
- Encourage Self Expression
- Self-Determination and Choice Making
- Meaningful Participation in the Community

Positive Behavior Support

Person-Centered Practices & Planning

Organizational Workforce

#### **Organizational Workforce Development**



ALL PEOPLE

#### **Tertiary Stage**

- Tailor Problem Solving for Specific Problematic Situations
- Individualize Training and Mentoring to Address Unique Settings
   Where Problems Occur
- Improve Supervision and Mentoring for Locations Experiencing Challenges
- Establish Matching/Hiring Tailored to Individualized Plans

Positive Behavior Support

Person-Centered Practices & Planning

**Organizational Workforce** 

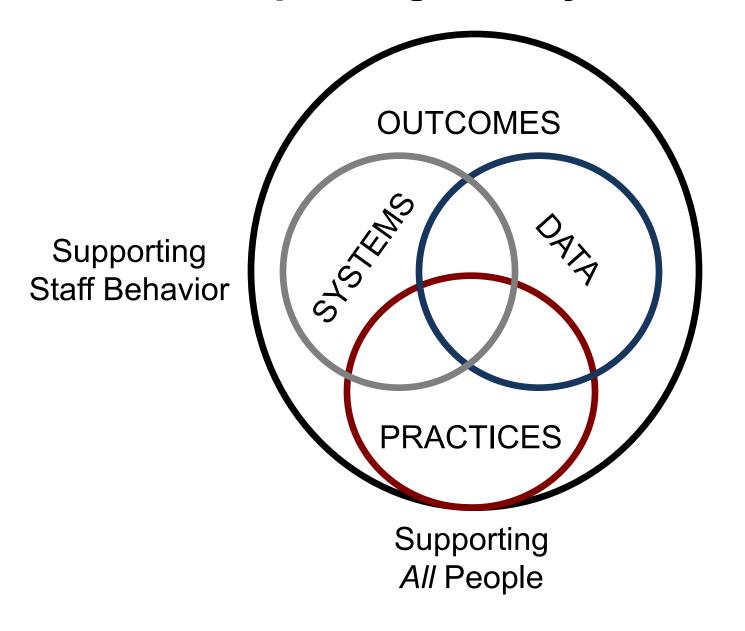
#### **Secondary Stage**

- Monitoring and Early Intervention
- Training Targeted for Groups
- Targeted Strategies to Improve Specific Settings
- Simple Problem Solving for Challenging Situations That Occur in More Than One Situation

#### **Universal Stage**

- Align Policies to Person-Centered Practices
- Revise Job Descriptions, and Performance Evaluations
- Integrate Person-Centered Practices and PBS With New Orientation and Ongoing Instruction
- Use Data for Decision Making

#### **Improving Quality of Life**



Supporting Decision Making



#### **Teams Involved in Systems Change**

Across the Lifespan (Children and Adults) Including:

#### **Provider Organizations**

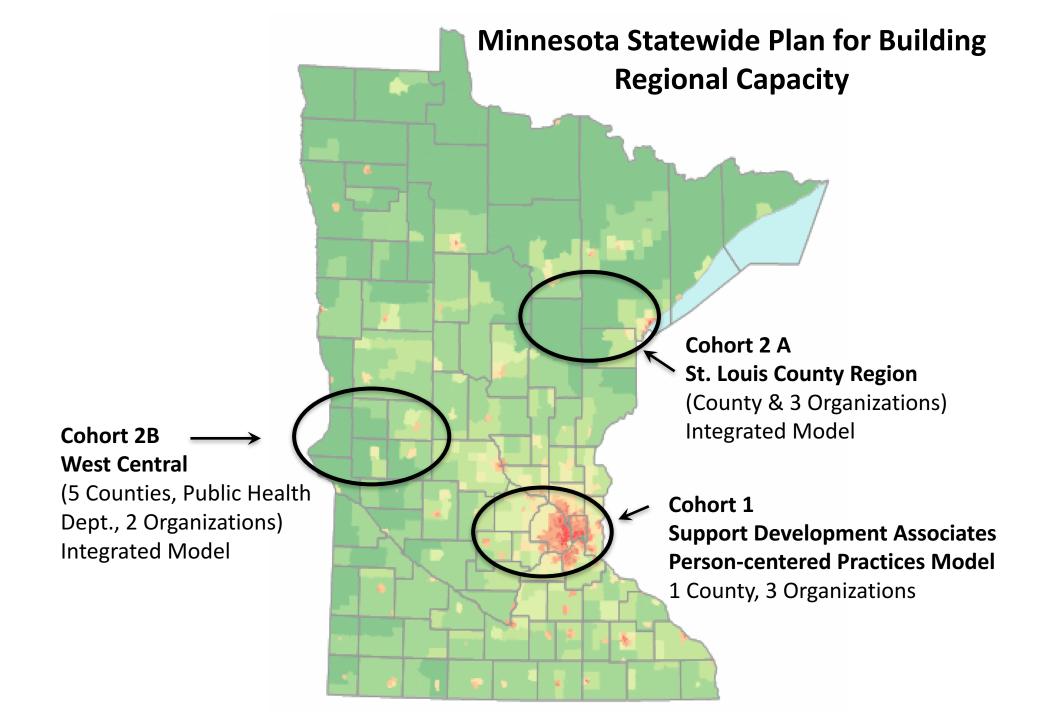
**Residential Home Settings** 

**Employment Settings** 

**Public Health Organization** 

**County Teams** 

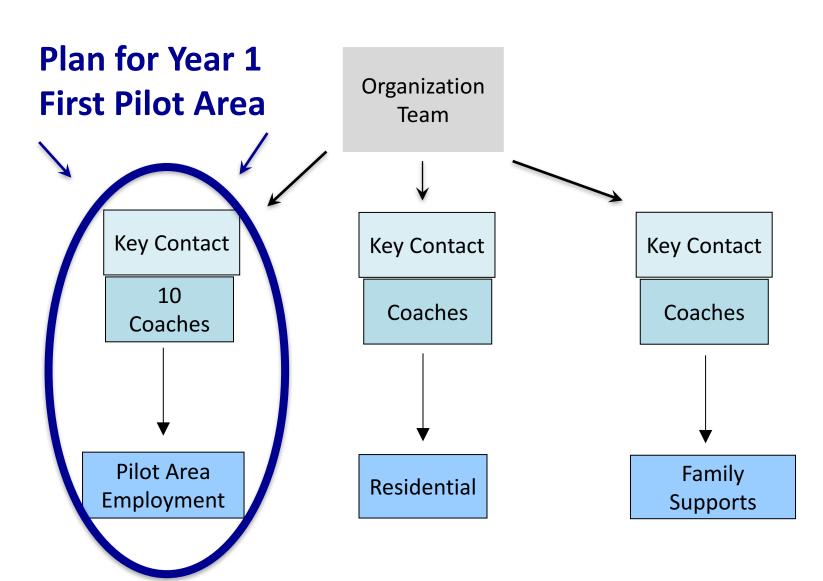
**Mental Health Service Providers** 



## Universal Person-Centered Practices & PBS Key Roles & Training Systems

- Team-Based Action Planning
- Key Contacts
- Coaches in Each Organization
- Trainers
  - Person-Centered Thinking Trainers
  - Person-Centered Planners
  - PBS Facilitators

## Example 1 Considering A Plan That Works Larger Organizations -- One Geographic Area



#### **Training Layers**

#### **Universal (Year 1)**

- Team Training (5 days)
- Regional Trainers
- PCT Coach Training
- Person-Centered Thinking Trainers
- Picture of a Life Planners/Trainers
- PBS Facilitators

#### **Secondary and Tertiary (Years 2 and 3)**

- Team Training (4 Days)
- Secondary Team Data-based Decision making/monitoring
- Regional Trainers
- PCT Coach Training
- Person-Centered Thinking Trainers
- Picture of a Life Planners/Trainers
- PBS Facilitators

#### Main Universal Activities – Year 1

#### **Person-Centered Practices**

- Self-Assessment/Action Plan Items
- Vision Now and In Future
- Outcome Statements
  - People Supported
  - Employees
  - Organization
  - Community
- 3-Year Backward Planning
- History Map
- Applied Coach Activities



#### **Positive Behavior Support**

- Self-Assessment/Action Plan
- Consensus-Based Sharing and Problem Solving
- Social Skills Matrix
- Strategies for Reinforcing Social Skills
- Observations of Implementation
  - Person-Centered
  - Social Skills and Engagement
- Introduction to Data-Based Decision Making

#### **Examples of Universal Stage – Person-Centered Practices**

#### Changing Documents and Reports

- Edit of Language to be More Person-Centered
- Paperwork/Documents Reflect Important To/For
- Length of Report

#### Implementing PCT Tools

- 2-Day Training for Targeted Staff
- Used in Meetings
- Included in Performance Evaluations
- Used While Supporting People

#### Universal PCT For People We Support

- Person-Centered Description for People Receiving Support
- Action Plans Connected to Descriptions

#### Integrating Person-Centered Approaches and Tools in Training

- New Staff Orientation
- Ongoing Mentoring

#### **Examples of Universal Stage - Positive Behavior Support**

#### Dedicating Meeting Time for PBS

- Case Manager/Social Worker Meetings
- Organization-Wide Team
- All Staff

#### Implementing the PBS Matrix

- With People We Support Directly Involved in Process
- Within Meetings in Our Organizations
- Introducing Positive Social Interactions Using Skits and Activities
- Creating Strategies for Practicing and Reinforcing Positive Social Behaviors

#### Direct Observation of Meetings

- Increasing Person-Centered and Positive Behaviors
- Increasing Mindfulness and Awareness of Our Language & Actions

#### Use of the Universal Quality of Life Checklist

#### **Examples of Universal Stage Organizational Workforce**

- Team Data-Based Decision Making Using Organizational Information
- Align Person-Centered Practices and PBS by Integrating With
  - Position Descriptions
  - Training Materials
  - Job Hiring and Interviewing
  - Performance Reviews Teams
- Action Planning Based on Review of
  - Staff Climate/Satisfaction
  - Satisfaction of People Supported
- Regular Review of Policies and Procedures for
  - Alignment with Person-Centered Practices
  - PBS

## Understanding Cultural Competence in Organization-Wide Planning



**Embedding Cultural Awareness** 



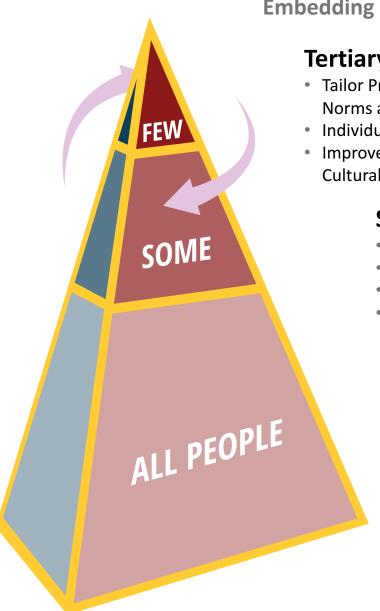
- Tailor Problem Solving for Specific Problematic Situations Which Incorporates Cultural Norms and Awareness
- Individualize Training and Mentoring to Address Unique Settings Where Problems Occur
- Improve Supervision and Mentoring for Locations Experiencing Challenges Which Include **Cultural Responsiveness**

#### **Secondary Stage**

- Awareness of Cultural Bias and Norms when Monitoring and Early Intervention
- Training Targeted for Groups
- Culturally Appropriate Targeted Strategies to Improve Specific Settings
- Simple Problem Solving for Challenging Situations That Occur in More Than One Situation

#### **Universal Stage**

- Using a Cultural Lens When Developing Policies
- Recognizing Culture When Developing/Completing Job Descriptions and Performance **Evaluations**
- Offering Culturally Relevant Trainings in New Orientation and Ongoing Instruction
- · Meaningful Data Collection-Collecting Data on Diversity to Guide Decision Making
- Encourage Diverse Cultural Point of View
- Encourage Self-Assessment
- Varying Perspective and Interpretation of Self-Determination and Choice Making



#### Culture

- [Culture] is that complex whole which includes knowledge, beliefs, arts, morals, laws, customs, and any other capabilities and habits acquired by [a human] as a member of society.(UNESCO).
- "Culture is defined as the shared patterns of behaviors and interactions, cognitive constructs, and affective understanding that are learned through a process of socialization. These shared patterns identify the members of a culture group while also distinguishing those of another group." (Center for Advanced Research on Language Acquisition, U of M).

"It is not possible to be truly sensitive to someone else's culture until one is sensitive to one's own culture and the impact that cultural customs, values, beliefs, and behaviors have on practice."

(Lynch & Hanson, 1997)

#### Changing Demographics of the U.S Population: 2014 to 2060

The U.S. population is projected to increase from 319 million to 417 million, reaching 400 million in 2051

By 2044, more than half of all Americans are projected to belong to a minority group (any group other than non-Hispanic White alone); and



Image: https://www.cdc.gov/minorityhealth/events/index.html

Data Source: United States Census Bureau Retrieved on 02/02/17 from https://www.census.gov/content/dam/Census/library/publications/2015/demo/p25-1143.pdf

#### Foreign-born population

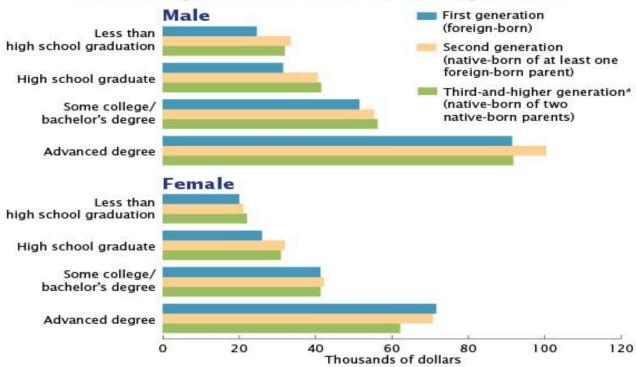
By 2060, nearly one in five of the nation's total population is projected to be foreign born

Children of foreign-born parents, the second generation, were more likely to be college-educated and have higher incomes than parents' generation.



#### Generational Earnings and Education

Median Earnings of Full-Time, Year-Round Workers Ages 25 to 64



Note: Refer to "Characteristics of the U.S. Population by Generational Status: 2013" for comparisons of the estimates. Data shown for 2012 reference year. \*Three quarters of the U.S. population were third-and-higher generation.



U.S. Department of Commerce Economics and Statistics Administration U.S. CENSUS BUREAU CENSUS. GOV Source: 2013 Current Population Survey, Annual Social and Economic Supplement www.census.gov/programs-surveys/cps.html

 $http://www.census.gov/library/visualizations/2016/comm/cb16-203\_earnings\_education.html\\$ 

http://www.census.gov/topics/population/foreign-born.html

# Embedding Cultural Competency into Minnesota's Infrastructure-Positive Behavior Supports

#### Cultural Norms and Communications

#### **Cultural Norms Might Influence Communication in Many Ways, Including:**

- Greeting, Hand-Shaking
- Eye Contact
- Use of Gestures
- Comfort with Silence
- Turn-Taking
- Space –Comfort Zone
- Topics of Conversation
- Asking and Responding to Questions
- Interruptions, Use of Humor



Source: American Speech-Language-Hearing Association. (2010). Cultural Competence Checklist: Personal reflection. Available from www.asha.org/uploadedFiles/practice/multicultural/personalreflections.pdf.

#### Cultural Norms and Values

- Cultural Norms Might Influence:
  - Perception and Understanding of Disease and Risky Behavior
  - Disability
  - Attitudes Towards Authority
  - Access to Care
  - Preference in Medical Setting
  - Decision-Making Roles
  - Time
  - Identification
    - Carrying ID

Source: American Speech-Language-Hearing Association. (2010). Cultural Competence Checklist: Personal reflection. Available from www.asha.org/uploadedFiles/practice/multicultural/personalreflections.pdf.

#### **Cultural Competence**

Cultural Competence is the Ability and Willingness to:

- Increase Knowledge and Understanding of Cultural Differences
- Acknowledge Cultural Assumptions and Biases
- Make Changes in Thought and Behavior to Address those Biases

Source: National Center for Biotechnology Information, U.S. National Library of Medicine. http://www.ncbi.nlm.nih.gov/books/NBK64076/

#### **Moving Towards Cultural Competency**

- Knowledge of Cultural Competence
  - Individual
  - Organizational Level
  - Assessment
- Understanding the Stages of Cultural Competence
- Based on Cultural Competence Assessment, Implementing Changes
- Long-Term, Ongoing Process planning

Adopted from Substance Abuse: Administrative Issues in Outpatient Treatment. Series No.46. Center for Substance Abuse Treatment.

#### **Cultural Awareness**

- To Understand the Reasons for Our Actions and Reactions
- First Step in Learning about Other People's Culture
- Opportunity to Quell Preconceived Stereotypes and Prejudices
- Prevent Ethno-Centric Tendencies
- To Prevent Misunderstandings

## Embedding Cultural Competency into Minnesota's Infrastructure-Person-Centered Practices

#### Cultural Diversity and Person-Centered Practices

- Person-Centered Practices Helps to Create a Culture That Celebrates Diversity
- Key to Success: Teaching Awareness of Our Cultural Assumptions
- Cultural Blindness Can Create Barriers to Implementing Person-Centered Planning
- Using Visuals, Graphics, Pictures Decreases Reliance on Language

#### **Accidental Cultural Blindness**

It is Important to Use Person-Centered Practices in a Way that Avoids

Accidently Exerting 'Power Over' Other People

#### Person Centered Thinking

- Underlies and guides respectful listening which leads to actions, resulting in people who:
  - Have positive control over the life they desire and find satisfying;
  - Are recognized and valued for their contributions (current and potential) to their communities; and
  - Are supported in a web of relationships, both natural and paid, within their communities

#### Core Concept:

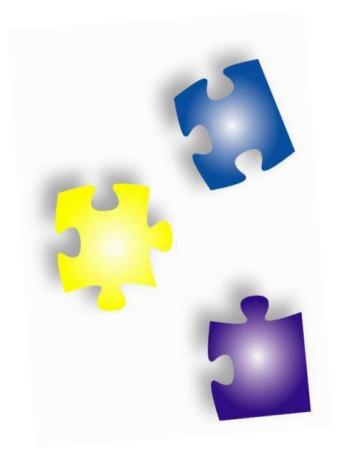
IMPORTANT TO
AND
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THE BALANCE BETWEEN
THEM

TLC-PCP 2012 www.learningcommunity.us

#### **Discovery/Listening Tools**

#### 6 methods for collecting information

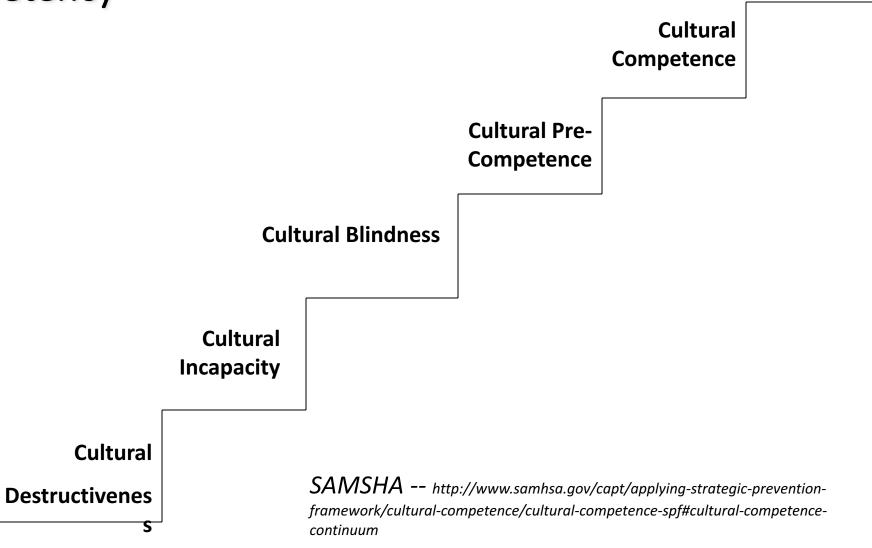
- ✓ Relationship Map
- ✓ Rituals and Routines
- √ Good Day/Bad Day
- ✓ Two Minute Drill
- **✓** Communication Chart
- ✓ Reputations



## Building Culture into Action Planning

### Continuum of Cultural Competency





## Team Activity – Integrating Cultural Awareness

| Cultural Awareness Item  | Action   | Date | Person<br>Responsible |
|--|--|------|-----------------------|
| Assess diversity of organization and the local community   | Use Wednesday meeting to discuss   |      | ALL                   |
| Work with staff to create strategies for increasing cultural awareness across the organization aligned to team's outcome statements          | Spell out the different cultural backgrounds of employees and service recipients in the company and discuss how to effectively work with these members       |      | Pete, Ryan            |
| Integrate cultural awareness into staff development and competency-based training  | Add to as an element into reviews?   |      | HR                    |
| Identify as a team the dominant cultures within the organization and whether there are subcultures that team needs to learn more about       | Sit down as a team in the Wednesday meeting to discuss this  |      | ALL                   |
| Reach out to community members to increase natural supports, recruit diverse staff members, etc  | Add this as an element of action plan items - reaching out to community members - use SSL Facebook page  |      | Ryan                  |
| Team evaluates impact of cultural awareness (surveys, disparities related to incidents, 911 calls, diversity of staff, staff turnover, etc.) | Review incident reports, send staff survey, talk with diverse groups of staff to see how to make changes to help and educate clients in multi-cultural group |      | Laura, Beth, Pete     |

## **Exemplary Implementation in a County Setting**





# Person-Centered and PBS Self-Assessment and Action Planning—A County Example

#### Team Roles

- 26 Organization-wide Team Members
- 4 Key Contacts
- 10 Coaches
- 2 PBS Facilitators (in training)
- 1 Person-Centered Thinking Trainer (in training)

#### Monthly Team Meetings

#### Implementation Areas Targeted

- Developing Person-Centered Plans for People Receiving Services
- Improving Interactions Between Team Members
- Integrating Cultural Awareness into Organization Development Process

#### **Outcomes for People Who Receive Support:**

- I make meaningful contributions to my community.
- I am who I want to be, not who others expect me to be.

#### **Outcomes for Employees/Staff:**

- We are honest, have integrity, and are respectful of others.
- We have time to spend with people to really listen and intentionally engage with the people and partners.

#### **Outcomes for Organization:**

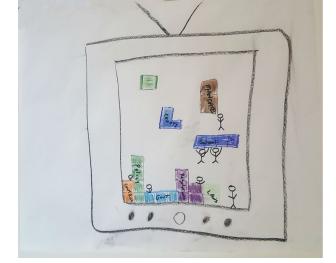
People are our priority and we value and take time to see and understand others'

perspectives.

People are our priority.

#### **Outcomes for Community:**

- Inclusive collaborative community campaign.
- There are no "those" people. No more us and them.



## **Action Plan Implementation Examples**

- Completed 10 Person Centered Plans
- Using Person-Centered Thinking (PCT) Tools With People Receiving Case Management Services
- Awareness Presentations and Discussions Across Other Units
- Integrating PCT Across Meetings
- Training PBS Facilitators
- One PCT Trainer Selected for State Funded Training
- Tools Available to Employees
- Planning to Make a "Skit" Showing How to Complete a Personal Description and Action Plan for Co-Workers
- Adding PCT Tools to Adult Services Portal
- Ready to Start Observations

# Personal Description & Action Plan

Flo's Profile and Plan

Shirley's Profile and Plan

## **County Team Matrix Example**

|                             |                                      | Consumer Di   | riven Community Su   | upports (CDCS) Me  | eting Matrix  |
|-----------------------------|--------------------------------------|---|--|--|---|
|                             |                                      | Before meeting<br>(planning)  | At meeting, before it starts   | While sharing person's information   | While others share information  |
| Person –<br>Centered Values | Use Person<br>Centered<br>Ianguage   | Email participants about upcoming meeting using person centered language. Prepare any handouts/documents using person centered language. (Waiver coordinator)               | Provide friendly reminders to others to use person centered language in the consultation. Try to avoid unfamiliar acronyms or jargon in conversations. | Speak using person centered language during the discussion. Be receptive to feedback about your use of person centered language.   | Reinforce people's use of person centered language in discussion and on CDCS plans. Provide gentle feedback about others use of person centered language and ideas about how to rephrase statements if needed.      |
|                             | Show your<br>respect for<br>people   | Waiver coordinator to email CDCS plan to participants prior to meeting for participants to review. Participants should review the CDCS plan prior to attending the meeting. | Participants should be in<br>the meeting before the<br>scheduled start time and<br>put cell phones on<br>vibrate.                                      | Share only information that you need to about the person. Stay on task to the questions you want answered during the meeting, listen attentively to the feedback and suggestions offered by                  | Listen attentively to other's suggestions on the plan. After the person has shared their ideas, ask if you can give additional feedback or suggestions as needed.   |
|                             | Demonstrated appreciation of culture | As participants review the CDCS plan, look for what role and identity culture plays in the person's life.   | Check cultural bias and assumptions.   | others.  Share thoughts on the role culture plays in a person's life. Always bring up cultural experts including the person in the conversations. How can culture be incorporated into a person's CDCS plan? | Listen as other participants share their ideas on the role of culture in the person's life. Suggest the use of cultural experts, including the person. How can culture be incorporated into the person's CDCS pian? |

|                         |                                      | Consumer Dr   | riven Community S                    | supports (CDCS) Mee   | ting Matrix   |
|-------------------------|--------------------------------------|---|--------------------------------------|---|---|
|                         |                                      | Before meeting (planning)   | At meeting, before it starts         | While sharing person's information  | While others share information  |
| Person – Centered Value | Demonstrated appreciation of culture | As participants review the CDCS plan, look for what role and identity culture plays in the person's life. | Check cultural bias and assumptions. | Share thoughts on the role culture plays in a person's life. Always bring up cultural experts including the person in the conversations. How can culture be incorporated into a person's CDCS plan? | Listen as other participants share their ideas on the role of culture in the person's life. Suggest the use of cultural experts, including the person. How can culture be incorporated into the person's CDCS plan? |

## Team Activity – Integrating Cultural Awareness

| Cultural Awareness Item  | Action  | Date                | Person Responsible     |
|--|---|---------------------|------------------------|
| Assess diversity of organization and the local community   | Review staff data from previous survey.   | 11/23/16            | Dani                   |
| Work with staff to create strategies for increasing cultural awareness across the organization aligned to team's outcome statements          | Invite Diversity Action Team (DAT) to share information between both groups-share outcome areas with DAT.   | 10/27/16            | Dani                   |
| Integrate cultural awareness into staff development and competency-based training  | Provide training to org-wide team about cultural variety  Complete training throughout agency on PBS and Matrix (senior managers and supervisors  | 1/2017              | Dani<br>Dani and Laura |
| Identify as a team the dominant cultures within the organization and whether there are subcultures that team needs to learn more about       | Start survey with org wide team and develop questions for survey to assess current standing.  | 6/2017              | Dani                   |
| Reach out to community members to increase natural supports, recruit diverse staff members, etc.   | Autism respite grant connecting with tribal support and NAACP to look at gaps analysis.   |                     |                        |
| Team evaluates impact of cultural awareness (surveys, disparities related to incidents, 911 calls, diversity of staff, staff turnover, etc.) | Education on broadening cultural definition, noting variety of values as well as race and ethnicity.  Review bias in how people do there work with Decision Point Mapping — start in intake | Ongoing End of 2017 | All team               |



# **Evaluation Questions Related to Culture: Universal Level**





| Evaluation   | & Data Systems   |
|--|--|
| Organization-Wide Evaluation   | Related Evaluation Data/Tools  |
| What impact did the training have on capacity building?                            | <ul> <li>Number of coaches, key contacts</li> <li>Number of staff involved in implementation</li> <li>Number of people supported</li> </ul>  |
| What are the strengths and needs of the organization?                              | <ul> <li>Person-centered organizational tool</li> <li>Quality of social and physical environment</li> </ul>  |
| How well are the practices implemented?  | <ul> <li>Fidelity of implementation checklist<br/>(Quarterly)</li> <li>Onsite evaluation</li> </ul>  |
| Are the improvements in conceptual knowledge of staff?                             | Pre/post tests for staff using DC/CDS  |
| Are there changes in behavior of Staff and People Living and Working in a Setting? | <ul> <li>Direct observation of staff personcentered practices (Quarterly)</li> <li>Direct observation of people supported (Quarterly)</li> <li>Incident reports, restraint, 911 calls, etc. (Quarterly)</li> <li>Organizational data (retention/tenure, etc.)</li> </ul> |
| Are there changes in universal quality of life?                                    | Quality of social and physical environment interviews  |





# Person-Centered Organizational Development Tool

rtcon community living

University of Minnesota

Driven to Discover\*\*\*

"We provide supports and services the respect an individual's history and cultural background."

Person-Centered Organizational Development Tool

#### 4. Current Level of Supports and Services

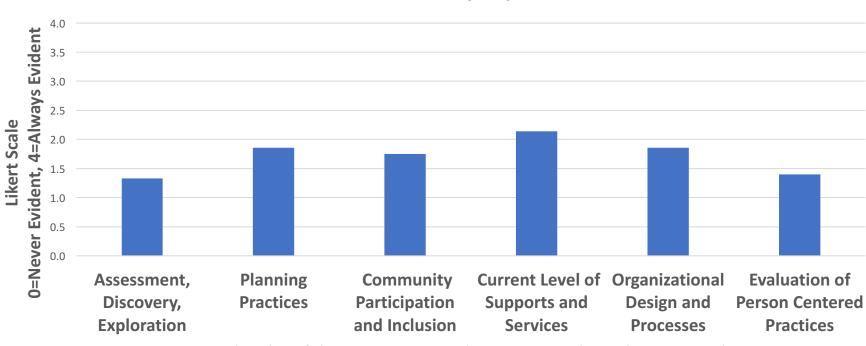
|   | At or | ur agency  | Never | Rarely | Sometimes | Mostly<br>Evident | Always<br>Evident |
|---|-------|--|-------|--------|-----------|-------------------|-------------------|
|   |       |  | 0     | 1      | 2         | 3                 | 1                 |
|   | 4.A.  | We provide supports and services that respect an individual's history and cultural background.                                     |       |        |           |                   |                   |
| ٦ | 4.B.  | The muriques and   |       |        |           |                   |                   |
|   |       | shapes the way services are delivered.   |       |        |           |                   |                   |
|   | 4.C.  | We are creative in finding ways to help individuals achieve their goals and work with other organizations to address service gaps. |       |        |           |                   |                   |
|   | 4.D.  | We provide supports and services that help individuals live and stay in the community.   |       |        |           |                   |                   |
| ı | 4.E.  | We provide supports and services customized to the current needs and desires of the individual.                                    |       |        |           |                   |                   |
|   | 4.6   | We offer a wide variety of support options when possible and collaborate with community partners, if needed.                       |       |        |           |                   |                   |

Add points from each column\_\_\_\_\_ Divide by 6 \_\_\_\_\_ = Average score

| What have you tried?        | What have you learned?        |
|-----------------------------|-------------------------------|
| What are you pleased about? | What are you concerned about? |

## County Example - Person-Centered Organizational Development

County Person-Centered Organizational Development Tool
Baseline Data 6/10/2016



Subscales of the Person-Centered Organizational Development Tool

#### **Quality of the Social and Physical Environment Survey**

## "People living and/or working within the setting are able to access people, activities, and items that reflect their cultural preferences"

#### Quality of Life Assessment of the Social & Physical Environment Survey Part 1: Survey Instructions for Staff

#### Instructions

Circle the number that best reflects how much you agree with the statements below as it applies to the area or setting in which you are working. A score of one on the pol indicates you strongly disagree with a statement, a score of two indicates you disagree, a score of three indicates agreement, and a score of 4 indicates strong agreement. Circling "DK" means that you do not know the answer to the item.

Statements for each item address people living and/or working in a particular setting *except* when the term "everyone" is used in a sentence ("everyone" includes people living and/or working in a setting, staff, managers, family member/guardians, community members, etc).

| Personal Development   | Stro<br>Disa | ngly<br>gree | Stro<br>Agro | 0. | Don't<br>Know |
|--|--------------|--------------|--------------|----|---------------|
| <ol> <li>People living and/o working in this setting regularly participate in activities/<br/>tasks that are useful and meaningful to their daily lives</li> </ol> | 1            | 2.           | 3            | 4  | DK            |
| 2. People living and/or vorking in this setting participate in a variety of different  | -            | _            |              | -  |               |
| activities that promote earning and independence   | 1            | 2            | 3            | 4  | DK            |
| 3. Everyone receives instruction and support that is individualized to meet his/her needs  | 1            | 2            | 3            | 4  | DK            |
| 4. People living and/or wo ing in this setting receive learn skills that are   |              |              |              |    |               |
| useful and meaningful to their daily lives   | 1            | 2            | 3            | 4  | DK            |
| Self-Determination & Choice  |              |              |              |    |               |
| most people living and/or working in the setting control their own finances  | 1            | 2            | 3            | 4  | Z.V.          |
| 6. People living and/or working within the setting are able to access people,  |              |              |              |    |               |
| activities, and items that reflect their cultural preferences  | 1            | 2            | 3            | 4  | DK            |
| 7 lo supported in the setting make major decisions related about where   |              |              |              |    |               |
| they live, what employment they want, and now they spend their time  | 1            | 2            | 3            | 4  | DK            |
| 8. People living and/or working in this setting have <i>many</i> opportunities to make   |              |              |              |    |               |
| important choices (about what they will do, when, and with whom)   | 1            | 2            | 3            | 4  | DK            |

#### **Positive Interpersonal Relations**

9. Everyone within the setting works together to identify the person-centered

## "People living and/or working in the setting have opportunities to celebrate and connect with others with similar cultural backgrounds."

|        | values that are considered important   | 1 | 2 | 3 | 4 | DK  |
|--------|--|---|---|---|---|-----|
| 10.    | E eryone in the setting is involved in implementing a plan for increasing                  |   |   |   |   |     |
|        | positive social interactions that are associated with person-centered values               | 1 | 2 | 3 | 4 | DK  |
| 11.    | People living and working in the setting promote and reward positive social                |   | • | 2 |   | DII |
| 10     | interactions   | 1 | 2 | 3 | 4 | DK  |
| 12.    | Everythe is familiar with the receptive and expressive language levels and skills of       | 1 | 2 | 3 | 4 | DK  |
|        | the people in this setting   | 1 | 2 | 3 | 4 | DK  |
| Social | Inclusion  |   |   |   |   |     |
|        | People living and/or working in the setting are involved in a variety of different         |   |   |   |   |     |
| 15.    | community ettings that occur outside of the home, school, workplace                        | 1 | 2 | 3 | 4 | DK  |
| 14.    | People living and/or working in the setting participate in a variety of different social   |   | _ | - | - |     |
|        | community ac ivities   | 1 | 2 | 3 | 4 | DK  |
| 15.    | People living a d/or working in a setting have an opportunity to engage in socially        |   |   |   |   |     |
|        | integrated activities with people who are not paid to attend the event                     | 1 | 2 | 3 | 4 | DK  |
|        |  |   |   |   |   |     |
| Rights |  |   |   |   |   |     |
| 16.    | People living and/o working in the setting are actively participating in                   |   |   |   |   |     |
|        | citizenship-related activities (voting)  | 1 | 2 | 3 | 4 | DK  |
| 17.    | People living and/or v orking in the setting are not treated differently because of        |   |   | • |   | D   |
| 10     | their cultural identity background   | 1 | 2 | 3 | 4 | DK  |
| 18.    | People living and/or working in this setting receive the same access to legal              | 1 | 2 | 2 | 4 | DV  |
|        | rights and processes as everyone else  | 1 | 2 | 3 | 4 | DK  |
| Emotic | onal Well-being  |   |   |   |   |     |
|        | People living and/or working in this setting regularly participate in activities and tasks |   |   |   |   |     |
| 17.    | the account and meaningful in their daily lives  |   | Z |   | 1 | DK  |
| 20.    | People living and/or working in a setting have opportunities to celebrate and connect      |   | _ |   |   |     |
|        | with others with similar cultural backgrounds  | 1 | 2 | 3 | 4 | DK  |
| 21     | People have the opportunity to seek out spiritual activities and to explore religion       | 1 | 2 | 3 | 1 | DΚ  |
|        | People providing support know now to recognize increases in stress, signs of               |   |   |   |   |     |
|        | discomfort or other negative emotions.   | 1 | 2 | 3 | 4 | DK  |

#### **Fidelity of Implementation: MN Team Checklist**

#### Minnesota Team Implementation Checklist: Planning Tool for Integrating Person-centered and Positive Support Practices

| Organization:   | Date:   |                    |                      |  |  |
|---|---|--------------------|----------------------|--|--|
| Region:   | County:   |                    |                      |  |  |
| ${\bf INSTRUCTIONS:}$ The organization-wide team should of  | -   | sts quarterly to r | nonitor activities f |  |  |
| implementation of positive supports selected by the organ   | ization.  |                    |                      |  |  |
| Please complete as a team and submit quarterly to:  |   |                    |                      |  |  |
| Team Members:   |   |                    |                      |  |  |
| Person(s) Completing Report:  |   |                    |                      |  |  |
| Checklist #1: Start   | Up Activity   |                    |                      |  |  |
|   | Put an "X" in the column that fits where the<br>team is in the planning process for each<br>numbered item on the checklist. |                    |                      |  |  |
|   | Not Started   | In Progress        | A chieved            |  |  |
| Team  | (0 points)  | (1 point)          | (2 points)           |  |  |
| Team established (administration, management, direct  |   |                    |                      |  |  |
| support staff, county staff, etc.).   |   |                    |                      |  |  |
| Team has regular meeting schedule.     Plan is completed for including feedback in planning.                    |   |                    |                      |  |  |
| process from people living and/or working in setting,   |   |                    |                      |  |  |
| and families, guardians, case managers, etc.  |   |                    |                      |  |  |
| 4. Team has clear purpose and vision that aligns with the   |   |                    |                      |  |  |
| person-centered values identified.  5. Team has an effective meeting process.                                   |   |                    |                      |  |  |
| 6. Team has Key Contact.  |   |                    |                      |  |  |
| 7. Administrator's support & active involvement   |   |                    |                      |  |  |
| (attendance in meetings, support for systems change, etc.).   |   |                    |                      |  |  |
| Staff Commitment  |   |                    |                      |  |  |
| Staff members are aware that the organization is implementing person-centered and positive support practice(s). |   |                    |                      |  |  |
| Team assesses readiness of people to participate in each person-centered and positive support practice(s).      |   |                    |                      |  |  |
| 10. Staff members are directly involved in organization-wide planning.  |   |                    |                      |  |  |

Freeman, R., Amado, A., O'Nell, S., Reichle, J. & Julien, H. M. (2015). Mirroesota Organization self-assessment and action planning tool for positive supports. Minneapolis, MN: Institute on Community Integration. University of Minneapolis.

#### White Form

Team Implementation Across Positive Supports

#### **Blue Form**

**PBS Subscale Items** 

#### **Pink Form**

Person-Centered Practice Items

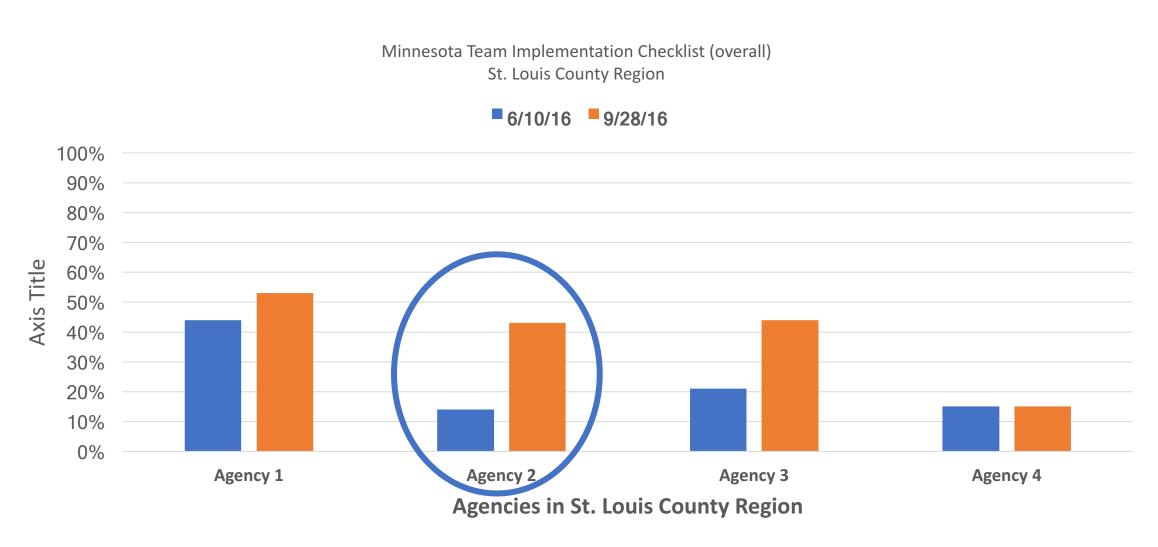
#### **Domains for Overall Fidelity**

- Team
- Staff Commitment
- Self-Assessment
- Action Planning
- Staff Development
- Evaluation
- Visibility

## **Scoring the MN Team Checklist**

- Implementation Points
  - Achieved = 2
  - In progress = 1
  - Not Started = 0
- Percentage of Items Implemented
  - Overall Total
    - ✓ Number of items scored as "Achieved" divided by Total # of items
  - Subscale Scores
    - ✓ Number of items in each subscale area scored as "Achieved" divided by the number of items in that subscale area

## Minnesota Team Implementation Checklist (Overall)



| numbered iter Not Started (0 points) | n on the checklis In Progress (1 point) | Achieved (2 points) |
|--------------------------------------|---|---------------------|
|                                      |   |                     |
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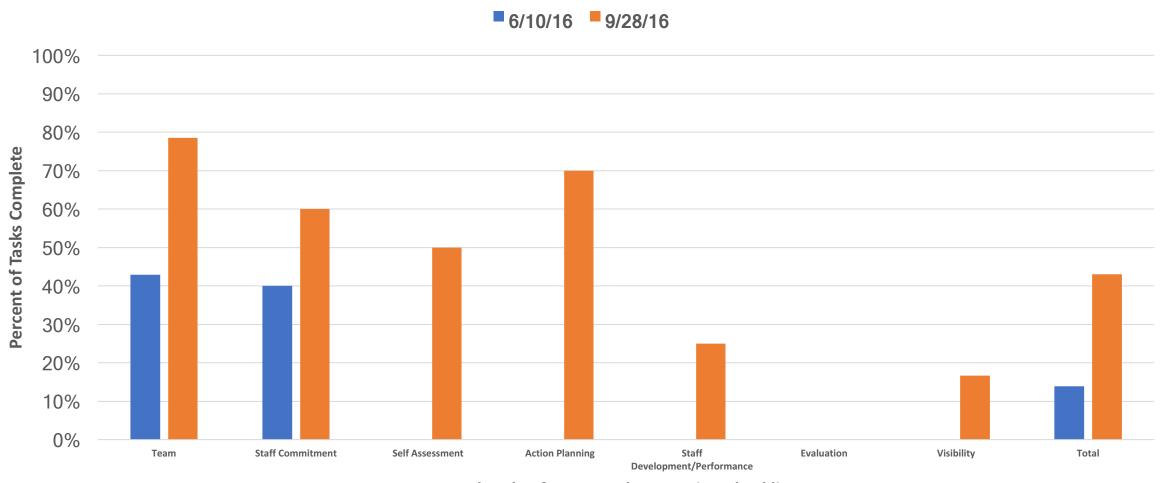
"Training in cultural competence is integrated within person-centered and positive support practices."

4

Freeman, R, Amado, A., O'Nell, S., Reichle, J. & Julien, H. M. (2015). *Minnesota Organization self-assessment and action planning tool for positive supports.* Minneapolis, MN: Institute on Community Integration. University of Minnesota.

## Minnesota Team Implementation Checklist (Overall)

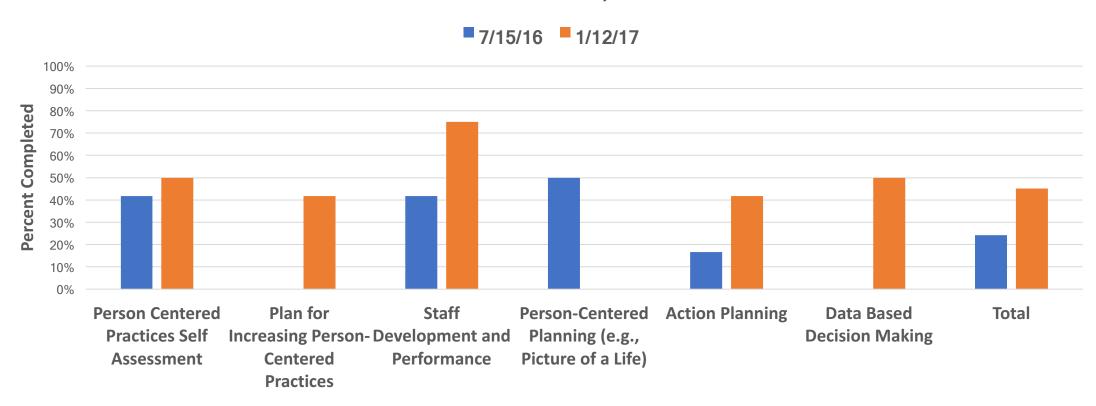
St. Louis County Team Implementation Checklist by Subscale



**Subscale of Team Implementation Checklist** 

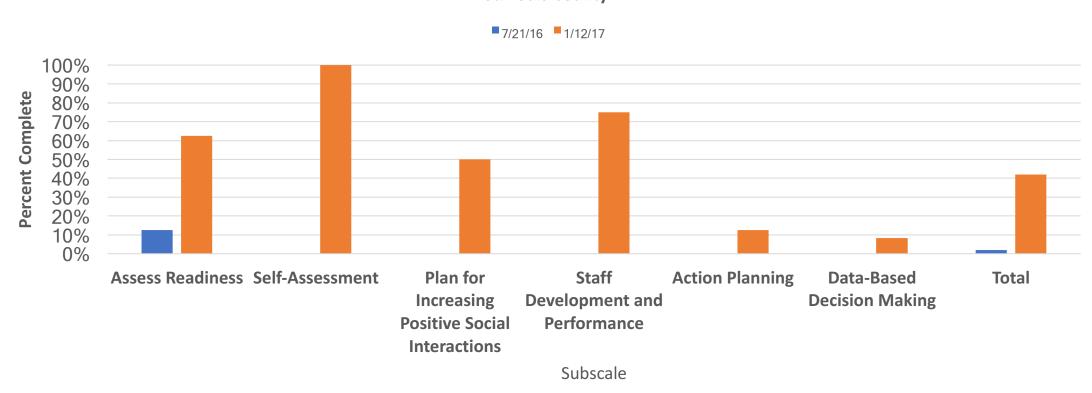
## Minnesota Team Implementation Checklist Person-Centered Practices Subscale

MN Team Implementation Checklist: Person Centered Practices Subscale St. Louis County



## Minnesota Team Implementation Checklist Positive Behavior Support Subscale

Minnesota Team Implementation Checklist: Positive Behavior Support Subscale St. Louis County

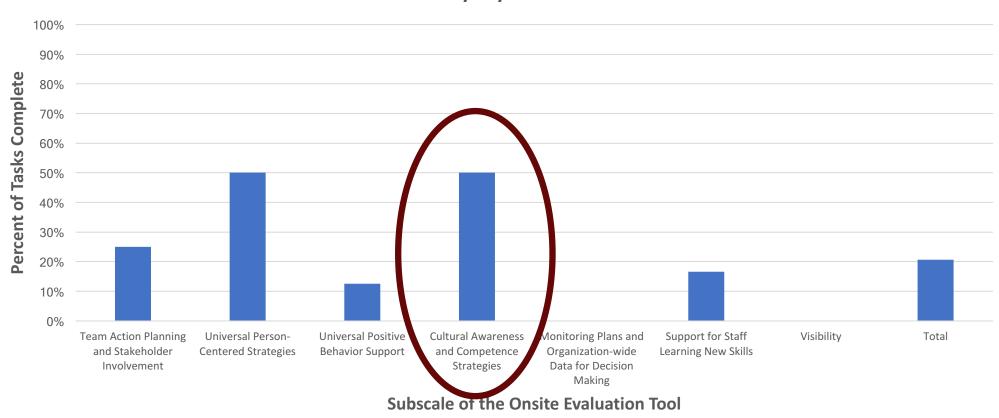


# PCP-PBS Systems Evaluation Tool (PCP-PBS SET)

- External Evaluation
- Half Day Onsite Visit
- Administrator and Key Contact Interviews
- Document Reviews
- Observation

# Cohort 2 Team Baseline Data Person-Centered Positive Onsite Evaluation Tool

County Baseline Data for Onsite Evaluation by Subscale 12/13/2016



## **Outcome Data Coming Soon...**

- Observation Systems in Place for 2 Out of 12 Teams
- Behavior Incident Reporting System Data by Region
- State and Regional Quality Councils are Working on Quality of Life Measurement
- Individual Person-Centered Plans and PBS Plans are Implemented Within Training Context
- Teams are Working on Organization-Wide Data Collection Systems
  - Provider Organizations Preparing to Improve Incident Reporting Systems
  - Retention-Tenure Data are Assessed
  - Surveys and Quality of Life Data are Assessed

# Questions?

#### **Thanks for Your Time**

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#### **Online Resources**

### **MN Positive Supports Website:**

https://mnpsp.org

### **Organization-Wide Training Materials**

https://mnpsp.org/training-materials/

### **Impact Newsletter**

https://ici.umn.edu/index.php?products/view/876



Preparation of this [presentation/report] was supported, in part, by cooperative agreement JPK%50470 from the Minnesota Department of Human Services. The University of Minnesota undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore necessarily represent official MN DHS policy.