


Implementing PBS in Child Foster Care Setting

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 DEPARTMENT OF HUMAN SERVICES

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AGENDA

- Introduction to MITH
- Stages of Implementation
- Implementing PBS and Training
- Moving Forward with PBS

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INTRODUCTION TO MITH

Minnesota Intensive Therapeutic Homes

- Started in 2004 as an alternative to residential placement for challenging youth in the state of MN.
- State partners with foster care licensing agencies; foster parents are hired as salaried state employee.
- In 2014 MITH became licensed to provide 245-D services.
- Currently have 15 active foster homes state wide.

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MITH PROGRAM

- Multi-Dimensional Treatment Foster Care
- Dialectic Behavioral Therapy
- Trauma Informed Care
- Person Centered Thinking

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Positive Behavior Support

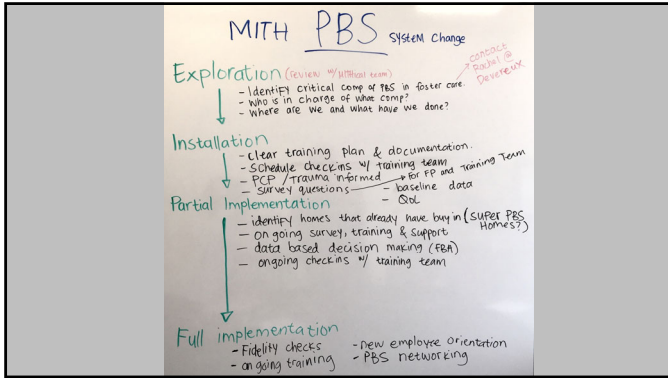


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PROJECT STAGES

- Exploration
- Installation
- Partial implementation
- Full implementation

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PROJECT MAP

- MITH Clinical
- Baseline data
- Training foster parents and support workers
- Post-training data
- Ongoing training and consultation
- Final data collection by March 2019
- Present at MNPBS/MACMH?

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EXPLORATION STAGE

- What is PBS in MITH?
- How many in our program are familiar with PBS?
- How can we make this not feel like “another thing to do”?
- What would we measure?
- What would be the intervention?



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INSTALLATION STAGE



- Collect pre-intervention data
- Install kid-friendly PCP
- Incorporate trauma-informed PBS

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PARTIAL IMPLEMENTATION STAGE

- Implement intervention(s) in selected MITH homes
 - Summer of 2018- MITH Clinical Team attended a two day PBS training
 - 1st MITH PBS Training – 11/16/18
- Collect post-intervention data

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FULL IMPLEMENTATION STAGE

- Implement intervention(s) in all MITH homes
 - 2nd MITH PBS Training – 11/28/18
 - 3rd MITH PBS Training – 5/8/19
- Collect post-intervention data
- Fidelity checks

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MITH PBS Training

Training Procedure

- PBS Survey
- 15 attendees from November trainings
 - Foster Parents and Support Workers
- Discussions. Activities. Homework
- Pre/Post Knowledge Assessment

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MITH PBS Training Content

Applied Behavior Analysis
Normalization/Inclusion Movement
Person-Centered Values

Learner Characteristics
Content
Skills
Learner Support
Homework

DATA

→

KNOWLEDGE

→

ACTION

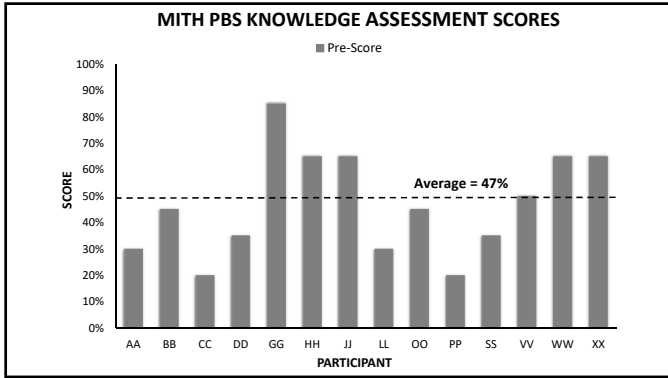
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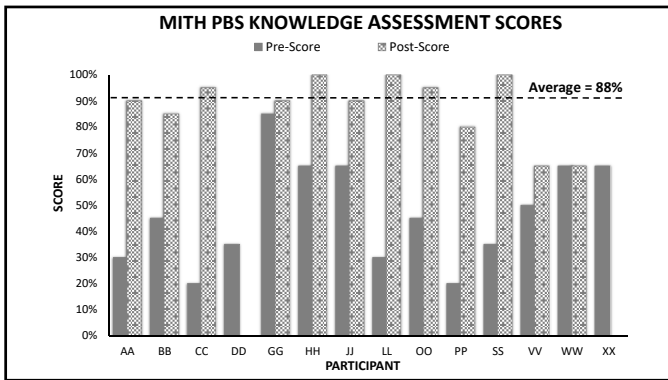
MITH PBS Training

Pre/Post PBS Knowledge Assessment

- PBS Definition and Foundation
- Data Collection
- Functions of Behavior
- Identifying strategies

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MOVING FORWARD

- Continue to train MITH foster parents and support workers
- Follow up training in the future
- Fidelity checks
- Outside program training
- Improving Behavior Support Plans
- More focused data collection
- Transition planning



Thank You!

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